

# FREEDOM FROM SMOKING<sup>®</sup> FACILITATOR TRAINING



## Facilitator Training Location and Date

**Thursday, October 30, 2008**  
**8:30 a.m. – 4:00 p.m.**

**American Lung Association**  
**490 Concordia Avenue**  
**St. Paul, MN 55103**

\*Low registration may result in program cancellation. Any cancellation will be announced 5 days prior to training date.

## Program Training Description

**8:30 a.m. - 12 noon**

- Philosophy and Objectives
- Nicotine Dependency
- Helping People Make a Lifestyle Change
- Experimental Learning

**12:00 - 1:00 p.m.**

Lunch

**1:00 p.m. - 4:00 p.m.**

- Communication
- Program Components
- Clinic Presentation Skills
- Evaluation

**PROGRAM COST: \$200** (includes cost of the training, manual and lunch)

## Freedom From Smoking<sup>®</sup> Facilitator Training Registration

### REGISTER ONE OF 4 WAYS:

1. ONLINE at [www.alamn.org](http://www.alamn.org)
2. FAX completed form below to Pat McKone at 218-726-4722
3. CALL Pat McKone at 218-726-4721
4. MAIL completed form below to American Lung Association of Minnesota  
424 W Superior St, Suite 202  
Duluth, MN 55802

### PARTICIPANT INFORMATION

Name \_\_\_\_\_

Company/Organization \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Home Phone \_\_\_\_\_ Work Phone \_\_\_\_\_

Email \_\_\_\_\_

### PAYMENT

Check     VISA or MasterCard

Card No. \_\_\_\_\_ Exp Date \_\_\_\_\_

Cardholder Name \_\_\_\_\_ Signature \_\_\_\_\_

**FOR MORE INFORMATION • 218-726-4721 • [pat.mckone@alamn.org](mailto:pat.mckone@alamn.org)**